

## DECEMBER 2025 – BREAKFAST HIGH SCHOOLS

\*Assorted milk and lactose-free milk is served daily.  
All students in Richmond County eat at no cost.

This institution is an equal opportunity provider.

Offer Vs Serve – Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

The menu is subject to change due to product availability.

| MONDAY                                                                                                     | TUESDAY                                                                                                                      | WEDNESDAY                                                                                                                                            | THURSDAY                                                                                                                                      | FRIDAY                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1<br>Chicken Biscuit<br>PBJ Uncrustable<br>Cereal<br>*Assorted Fresh Fruit<br>Assorted Chilled Fruit Juice | 2<br>Homestyle Happy Waffles<br>Strawberry Bagels<br>Poptarts<br>Assorted Chilled Fruit Cup<br>Assorted Chilled Fruit Juice  | 3<br>Ham & Cheese Croissant<br>Muffins<br>Cereal Bar w/ Breakfast Crackers<br>*Assorted Fresh Fruit<br>Assorted Chilled Fruit Juice                  | 4<br>Holly Jolly Parfait<br>Glazed Pull-Apart Donut<br>Cereal<br>Assorted Chilled Fruit Cup<br>Assorted Chilled Fruit Juice                   | 5<br>Sausage Biscuit<br>Managers Choice<br>Cheese Grits<br>Poptarts<br>*Assorted Fresh Fruit<br>Assorted Chilled Fruit Juice                                      |
| 8<br>Chicken Biscuit<br>Mini Pancakes<br>Cereal<br>*Assorted Fresh Fruit<br>Assorted Chilled Fruit Juice   | 9<br>French Toast Sticks<br>Breakfast Bento Box<br>Poptarts<br>Assorted Chilled Fruit Cup<br>Assorted Chilled Fruit Juice    | 10<br>Bacon, Egg &<br>Cheese English Muffin<br>Honey Bun<br>Cereal Bar w/ Breakfast Cracker<br>*Assorted Fresh Fruit<br>Assorted Chilled Fruit Juice | 11<br>Fruit Smoothie w/ Breakfast<br>Cracker<br>Chocolate Mini Donuts<br>Cereal<br>Assorted Chilled Fruit Cup<br>Assorted Chilled Fruit Juice | 12<br>Sausage Biscuit<br>Managers Choice<br>Cheese Grits<br>Poptarts<br>*Assorted Fresh Fruit<br>Assorted Chilled Fruit Juice                                     |
| 15<br>Chicken Biscuit<br>Apple Frudel<br>Cereal<br>*Assorted Fresh Fruit<br>Assorted Chilled Fruit Juice   | 16<br>French Toast w/ Bacon<br>Breakfast Snack Bag<br>Poptarts<br>Assorted Chilled Fruit Cup<br>Assorted Chilled Fruit Juice | 17<br>Pancake Sausage Wrap<br>Cinni Minis<br>Cereal Bar w/ Breakfast Cracker<br>*Assorted Fresh Fruit<br>Assorted Chilled Fruit Juice                | 18<br>Managers Choice<br>Powdered Sugar Donut<br>Cereal<br>Assorted Chilled Fruit Cup<br>Assorted Chilled Fruit Juice                         | 19<br>Sausage Biscuit<br>Managers Choice<br>Cheese Grits<br>Poptarts<br>*Assorted Fruit<br>Assorted Chilled Fruit Juice                                           |
| 22<br><i>Christmas/Winter Break</i>                                                                        | 23<br><i>Christmas/Winter Break</i>                                                                                          | 24<br><i>Christmas/Winter Break</i>                                                                                                                  | 25<br><i>Christmas/Winter Break</i>                                                                                                           | 26<br><i>Christmas/Winter Break</i>                                                                                                                               |
| 29<br><i>Christmas/Winter Break</i>                                                                        | 30<br><i>Christmas/Winter Break</i>                                                                                          | 31<br><i>Christmas/Winter Break</i>                                                                                                                  | Vegetarian options are offered daily.<br>*Georgia-grown and locally sourced products and ingredients are offered regularly.                   | Learn more about Richmond County's Wellness Policy plans & how to participate at <a href="https://rcboe.org">Nutrition Services / Wellness Policy (rcboe.org)</a> |